

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 8/18/2015	(3) CONTACT/PHONE Cindy Collins, Administrative Services Manager 788-2932 Raven Lopez, Accountant III 781-4783	
(4) SUBJECT Request to approve 1) a FY 2015-16 renewal Standard Agreement Performance Contract (Clerk's File) with the State Department of Health Care Services delegating to the County responsibility for establishing county-wide community mental health services related to the Mental Health Services Act, Projects for Assistance in Transition from Homelessness, and Community Mental Health Services Grant, and 2) a resolution approving the contract and granting delegation of authority to the Behavioral Health Administrator to sign the agreement and other associated documents, as requested by the Department of Health Care Services. All Districts.			
(5) RECOMMENDED ACTION It is recommended that the Board approve: 1) a FY 2015-16 renewal Standard Agreement Performance Contract (Clerk's File) with the State Department of Health Care Services delegating to the County responsibility for establishing county-wide community mental health services related to the Mental Health Services Act, Projects for Assistance in Transition from Homelessness, and Community Mental Health Services Grant, and 2) a resolution approving the contract and granting delegation of authority to the Behavioral Health Administrator to sign the agreement and other associated documents, as requested by the Department of Health Care Services.			
(6) FUNDING SOURCE(S) N/A	(7) CURRENT YEAR FINANCIAL IMPACT \$0	(8) ANNUAL FINANCIAL IMPACT \$0	(9) BUDGETED? N/A
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ____) <input type="checkbox"/> Board Business (Time Est. ____)			
(11) EXECUTED DOCUMENTS <input checked="" type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) N/A		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5 Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date: <u>10/28/14</u>	
(17) ADMINISTRATIVE OFFICE REVIEW Leslie Brown			
(18) SUPERVISOR DISTRICT(S) All Districts			

County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Anne Robin, L.M.F.T., Behavioral Health Administrator

DATE: 8/18/2015

SUBJECT: Request to approve 1) a FY 2015-16 renewal Standard Agreement Performance Contract (Clerk's File) with the State Department of Health Care Services delegating to the County responsibility for establishing county-wide community mental health services related to the Mental Health Services Act, Projects for Assistance in Transition from Homelessness, and Community Mental Health Services Grant, and 2) a resolution approving the contract and granting delegation of authority to the Behavioral Health Administrator to sign the agreement and other associated documents, as requested by the Department of Health Care Services. All Districts.

RECOMMENDATION

It is recommended that the Board approve:

- 1) a FY 2015-16 renewal Standard Agreement Performance Contract (Clerk's File) with the State Department of Health Care Services delegating to the County responsibility for establishing county-wide community mental health services related to the Mental Health Services Act, Projects for Assistance in Transition from Homelessness, and Community Mental Health Services Grant, and
- 2) a resolution approving the contract and granting delegation of authority to the Behavioral Health Administrator to sign the agreement and other associated documents, as requested by the Department of Health Care Services.

DISCUSSION

The Department of Health Care Services (DHCS) is responsible for implementing the provisions of the Mental Health Services Act (MHSA), Projects for Assistance in Transition from Homelessness (PATH) and the Community Mental Health Services Block Grant (CMHBG) through the annual county mental health services performance contracts with all counties. The standardized sections of this agreement were negotiated between the DHCS and the California Behavioral Health Director's Association and lays out specific requirements on reporting, security, and so forth, as laid out in the agreement for the aforementioned programs. The agreement does not provide funding; however, if the requirements are not met, then payments can be withheld for the programs. DHCS has set the term of this agreement to run from July 1, 2015 through June 30, 2016. The previous agreement between the County and the state for these services ended on June 30, 2015.

Mental Health Services Act (MHSA):

The MHSA was enacted into law January 1, 2005, following the passage of Proposition 63 in November 2004. This Act was designed to expand and transform county mental health services by imposing an additional one percent tax on individual taxable income in excess of one million dollars. Annually, the Department presents the MHSA Annual Update report for Board approval which details the various MHSA programs, number of clients served, and cost associated with each program. The Annual Update can be found here: [SLO County MHSA Annual Update 2015-2016](#)

Projects for Assistance in Transition from Homelessness (PATH):

The State was awarded federal homeless funds through the federal McKinney PATH formula grant, which the County

receives annually. The grant funds are to be used for community based outreach, mental health and substance abuse referral/treatment, case management, and other support services for the homeless mentally ill. This program works alongside the MHSA Full Service Partnership Homeless Services program and funds a .75 FTE Outreach Worker with Transitions Mental Health Association. The Outreach Worker will outreach to homeless mentally ill people and assist them in accepting and participating in existing programs, as well as linking and consulting with other homeless service providers, and provide ongoing case management services. For example, if a homeless mentally ill individual accepts assistance from the Outreach Worker, then he/she could be referred to the Homeless Full Service Partnership program, if the individual meets the criteria for enrollment. Individuals may also be linked with dual-diagnosis services, family supports, and substance abuse counseling. The overall goal of the PATH grant is to assist individuals in accessing mental health services and housing. MHSA funds provide the match funding required for the grant.

Community Mental Health Services Block Grant (CMHBG):

The Department of Health Care Services (DHCS) awards federal CMHBG funds to counties to provide a broad array of mental health services within their mental health system of care to the two target populations: children and youth with serious emotional disturbances, and adults and older adults with serious mental illnesses. The County may use the funds to develop innovative programs or augment existing programs. The County uses the funds to augment the following programs and services:

North County Clubhouse (contracted through American Care Home):

This program enriches a large licensed board and care home with living skills training and recreational activities usually found only in intensive residential treatment or off-site day treatment milieus. Services provided are essential to help maintain residents in the lowest possible level of care, reduce need for psychiatric inpatient care, and reduce need for out-of-county locked settings such as Institutions for Mental Disease (IMD). Adults with severe mental illness will be provided psycho-social support, and instruction within their living environment to enable them to continue living in an open community placement, to avoid crises and conflicts, and in many cases to acquire the confidence and social skills necessary to go outside this environment to pursue additional steps toward rehabilitation, integration into the community, and independent living.

Behavioral Health Treatment Court (BHTC): The funds are used to pay for a portion of a full-time equivalent (.63 FTE) staff member to provide evaluation and referral consultation, outpatient case management, rehabilitation services, case planning and consultation, group rehabilitation, medication support, referrals and crisis intervention for clients in the BHTC program and act as a liaison with Probation, jail staff, judges and attorneys.

Enhancement of services for Dual Disorder clients:

The funds are used to pay for a portion of a full-time equivalent (.47 FTE) staff member who is a dual disorder-trained clinician to add to the capacity of the Dual Disorder Program. The program focuses on gaining trust with the referred individuals and provides services over a significant period of time, while also supporting a consumer-run Dual Recovery 12-step program. The interventions include outreach activity, specialized substance abuse assessments, individual and group treatment, education and harm reduction strategies, social rehabilitation, relapse prevention and maintenance. The program is an integrated service with access to all Mental Health services and provides treatment for both disorders by specially trained staff.

Children's System of Care:

The purpose of the overall System of Care for children and adolescents is to focus on care for seriously emotionally disturbed children, help them to improve their functioning in community based, least restrictive settings and, whenever possible, in their own homes and schools. To achieve this overall goal, the Department collaborates with numerous agencies, such as Education, Probation, and Social Services to identify, intervene and collaborate through interagency processes, including continuation of the Children's Services Network, multi-agency case management teams, and the Integrated Services Committee. The funds are used towards the continuation and maintenance of services to non-Medical eligible children at the South County Services Affirming Family Empowerment (SAFE) System of Care.

The Campus Residential Crisis Program (CRCP):

This program is funded with the CMHBG's First Episode Psychosis (FEP) allocation. The purpose of the grant is to promote the development of an integrated Coordinated Specialty Care program for transition-age youth between 15 and 30 years of age who are experiencing First Episode Psychosis. The FEP allocation was awarded to the Department at the end of December 2014.

In FY 2014-15, the Department collaborated with staff from California Polytechnic State University (Cal Poly) and other local stakeholders to research and develop a plan to bring much needed FEP resources to the college residential student population. The goal for the CRCP will be to reduce the negative impact of first episode psychosis on the local college student population by providing early intervention and appropriate treatment for young adults experiencing “first breaks”.

In FY 2015-16, the grant will fund two clinical interns/trainees (960 hours max each). The lead therapist (MFT-Intern) will provide individual and group counseling and referral, and the mental health worker (Graduate-level trainee) will provide ongoing outreach, education, and referral support. Staff will respond to any psychiatric crisis calls for young adults aged 17-25 within the residential community of Cal Poly, as well as providing support for off-campus Cal Poly and Cuesta College students when available.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has approved the agreement as to form and legal effect.

FINANCIAL CONSIDERATIONS

While there is no funding amount associated with this agreement, the performance contract is meant to ensure the County is adhering to the conditions and requirements of the MHSA, PATH and CMHBG. If the County does not adhere to the contract, then DHCS can withhold payments until the County is in compliance.

The estimated award amounts for FY 2015-16 for CMHBG and PATH, as well as the Adopted Budget for MHSA are detailed below:

CMHBG		
	FY 2014-15 Actual	FY 2015-16 Estimated Award Amounts
Programs Funded		
American Care Home (contract)	\$ 97,382	\$ 97,382
Behavioral Health Treatment Court	39,004	70,957
Dual Disorder Program	57,159	57,159
Children's System of Care	254,061	254,061
First Episode Psychosis Program	17,445	60,410
Total CMHBG Funding*	\$ 465,051	\$ 539,969

PATH		
	FY 2014-15 Actual	FY 2015-16 Estimated Award Amounts
Program Funded		
Homeless Full Service Partnership	\$ 48,491	\$ 48,491
Total PATH Funding*	\$ 48,491	\$ 48,491

MHSA		
Programs Funded	FY 2014-15 Actual	FY 2015-16 Budget
Community Services & Supports	\$ 5,809,343	\$ 6,839,313
Prevention & Early Intervention	1,748,818	2,143,533
Innovation	697,994	709,916
Workforce, Education & Training	137,741	71,128
Capital Facilities	645,273	566,298
Total MHSA Funded Budget*	\$ 9,039,169	\$ 10,330,188

**Total budget reflects only the funding's share of expenses and does not include reimbursable revenue (e.g. Medi-Cal revenue).*

RESULTS

Community Mental Health Services Block Grant

North County Clubhouse			
Year	FY 2014-15 Target	FY 2014-15 Actual	FY 2015-16 Target
Cost	\$ 97,382	\$ 97,382	\$ 97,382
Number of clients served	50	54	50
Percentage of clients served will not use acute hospitalization during the fiscal year	75%	94%	75%

Behavioral Health Treatment Court			
Year	FY 2014-15 Target	FY 2014-15 Actual	FY 2015-16 Target
Cost	\$ 39,004	\$ 64,716	\$ 70,957
Number of clients served	28	38	45
Percentage of clients that will complete the program without new crimes/probation violations and no new involuntary psychiatric hospitalizations	50%	63%	50%

Dual Disorder Program			
Year	FY 2014-15 Target	FY 2014-15 Actual	FY 2015-16 Target
Cost	\$ 57,159	\$ 57,159	\$ 57,159
Number of clients served	30	56	30

New outcome measures are being developed for the grant funded portion of this program.

Children's System of Care			
Year	FY 2014-15 Target	FY 2014-15 Actual	FY 2015-16 Target
Cost	\$ 254,061	\$ 254,061	\$ 254,061
Number of clients enrolled	50	49	50
School attendance rate of youth who receive services will continue to show improvement	80%	83%	80%
Provide 8 Parenting Classes through out the year in English and Spanish	8	21	12
Children and youth served will avoid being placed in group homes or hospitalized	0%*	90%	90%
Children and youth served will not be formally involved in the Juvenile Justice system	0%*	92%	80%
<i>*New measure added during FY 2014-15</i>			

First Episode Psychosis Program			
Year	FY 2014-15 Target	FY 2014-15 Actual*	FY 2015-16 Target
Cost	\$ 60,410	\$ 17,445	\$ 60,410
Number of clients enrolled	N/A	N/A	200
<i>*Grant award for this program was not budgeted in FY 14-15 as it was awarded in December 2014.</i>			

PATH

PATH			
Year	FY 2014-15 Target	FY 2014-15 Actual	FY 2015-16 Budgeted
Cost	\$ 46,280	\$ 32,453	\$ 48,491
Number of clients to be contacted	75	72	75
Number of clients to be enrolled	25	17	25

Enrollment into PATH occurs when:

- 1) an individual has been determined to be PATH eligible,
- 2) the individual and Outreach Worker have mutually agreed that services will be provided, and
- 3) a file or record has been created for the individual with the above information documented as well as documentation of services provided.

Some of the individuals contacted by the Outreach Worker may already have an open case or are receiving services, may be transient, or may deny services. The number of clients contacted and enrolled is part of the data requirements of the grant and only reflects the numbers associated with PATH.

MHSA – Please see FY 2014-15 Annual Update for outcomes: [SLO County MHSA Annual Update 2015-2016](#)

Approval of the agreement will continue our participation in the MHSA, PATH and CMHBG programs. Through each of these programs, the Health Agency's Behavioral Health Department furthers its departmental goals to assist individuals with serious mental illness to be as functional and productive as possible in the least restrictive and least costly environments. Providing the most appropriate services to the clients increases the probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

ATTACHMENTS

1. Attachment 1 - Clerk's File Statement
2. Attachment 2 - Resolution Granting Delegation of Authority